

BALANCE SKILLS		E	M	A
Stance	2-foot stance FWD			
	2-foot stance BWD			
	FWD 1-foot stance L			
	FWD 1-foot stance R			
	BWD 1-foot stance L			
	BWD 1-foot stance R			
Forward Stride				
Forward Edges	Edges Inside			
	Edges Outside			
	Sustained CW			
	Sustained CCW			
Forward Crossovers	CW			
	CCW			
Forward Lateral Movement				
Please indicate highest rating				
<input type="checkbox"/> GOLD = 11 or more Advanced <input type="checkbox"/> SILVER = 11 or more at Moderate or higher <input type="checkbox"/> BRONZE = 11 or more Early or higher				

AGILITY SKILLS		E	M	A
Slalom	2-foot FWD			
	2-foot BWD			
	FWD 1-foot L			
	FWD 1-foot R			
	BWD 1-foot L			
	BWD 1-foot R			
Tight Turns	180° CW			
	180° CCW			
	360° CW			
	360° CCW			
Eagle/Mohawk	Eagle CW			
	Eagle CCW			
	Mohawk LEFT			
	Mohawk RIGHT			
Reverse Pivot	CW			
	CCW			
Starts	Explosive			
	FWD Crossover L			
	FWD Crossover R			
	BWD Crossover L			
	BWD Crossover R			
Please indicate highest rating				
<input type="checkbox"/> GOLD = 17 or more Advanced <input type="checkbox"/> SILVER = 17 or more at Moderate or higher <input type="checkbox"/> BRONZE = 17 or more Early or higher				

CONTROL SKILLS		E	M	A
Stops	FWD 2-foot L			
	FWD 2-foot R			
	Backward V			
	FWD 1-foot L			
	FWD 1-foot R			
	BWD 1-foot L			
	BWD 1-foot R			
	Backward Stride			
Backward Edges	Edges Inside			
	Edges Outside			
	Sustained CW			
	Sustained CCW			
Backward Crossovers	CW			
	CCW			
Backward Lateral Movement				
Please indicate highest rating				
<input type="checkbox"/> GOLD = 12 or more Advanced <input type="checkbox"/> SILVER = 12 or more at Moderate or higher <input type="checkbox"/> BRONZE = 12 or more Early or higher				

BALANCE	AGILITY	CONTROL	OVERALL RATING	SPEED DRILL TIMES		
<input type="checkbox"/> GOLD	<input type="checkbox"/> GOLD	<input type="checkbox"/> GOLD	<input type="checkbox"/> GOLD - 2 or more at Gold level	1st Attempt	2nd Attempt	Difference
<input type="checkbox"/> SILVER	<input type="checkbox"/> SILVER	<input type="checkbox"/> SILVER	<input type="checkbox"/> SILVER - 2 or more at Silver level or higher			
<input type="checkbox"/> BRONZE	<input type="checkbox"/> BRONZE	<input type="checkbox"/> BRONZE	<input type="checkbox"/> BRONZE - 2 or more at Bronze level			

Comments:

Coach's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

